



Frederick E. Post

August 6, 1926 - November 20, 2020

On the morning of November 20th 2020, the gentle soul of Frederick E. Post passed into the hands of his Lord & Savior Jesus Christ. Fred was born on August 6, 1926 on the family farm in Sheshequin, PA to William H and Mabel Jane Post. He started out as a farmer working with his father on the family farm then became a contractor until he retired. Fred lived in the same house for 90 years until his marriage to Liz Frankenfield in November 26, 2016 and moving to Williams Township, Pennsylvania in 2016. A faithful church goer he attended Union Corners Methodist Church, East Smithfield Federated Church, currently a member of St. Johns Lutheran Church of Morgan Hill. Fred loved music. Playing his guitar & singing were very much a part of his happy life along with his western attire. Fred's easygoing personality and always ready to help anyone with anything made everyone love Fred. Along with his parents Fred was predeceased by his wives, Jean Pelton Post and Virginia Crandall Post, his sister & husband Edna & Hudson Northrup, brother & wife Ivan and Doris Post and his nephew Ronald I. Post. Fred is survived by his wife, Liz Post, step daughter, Wanda (Craig) Lezak & family, step son, Timothy (Charlotte) Frankenfield & family, his sister, Alberta Westbrook & family, in-laws Julie & Paul Moriarty & family, Betty & Fred Wheaton & family, Barbara & Tom Judge & family as well as many nieces and nephews & step nephew, Bernie Petry. A graveside service will be held Saturday, June 19th, 2021 at 11:00 a.m. at Bradford County Memorial Park, Burlington Township, PA with Rev. Timothy Robson of the East Smithfield Federated Church officiating. In

lieu of flowers donations can be made to Lehigh Valley Hospice, 2024 Lehigh Street, Allentown, PA 18103. Memories and condolences may be expressed by visiting www.bowenfuneralhomes.com.

Cemetery Details

Bradford County Memorial Park

20452 Route 6
Towanda, PA 18848

Tribute Wall



“ *Frederick E. Post*

October 22, 2023 at 08:10 PM



“ *Frederick E. Post*

October 08, 2023 at 10:34 PM



“ *Frederick E. Post*

October 06, 2023 at 09:57 AM



“ *Frederick E. Post*

October 06, 2023 at 03:29 AM



“ *Frederick E. Post*

October 05, 2023 at 02:02 PM



“ *Claire Holton-Lizon lit a candle in memory of Frederick E. Post*



Claire Holton-Lizon - November 26, 2020 at 10:32 AM



“ *My Deepest Sympathies and Prayers
Aunt Liz & Families I hope in time it will get
easier for you at your loss of Uncle Fred .
Hopefully the memories will help you through
this. He certainly will be missed by everyone
who knew him and loved him.
Love Marie Post & Families*



Marie Platt Post - November 26, 2020 at 02:43 AM